GoodLife Personal Trainer Institute Course Schedule

July 2017

Dartmouth, NS	July 14, 2017	FROM	9 am	то	6 pm		
	July 15, 2017	FROM	8 am	то	5 pm		
	July 16, 2017	FROM	8 am	то	5 pm		
National trainer	Ryan Saranchuk				•		
Location	GoodLife Fitness						
	202 Brownlow Ave. U	Jnit CCY					
	Dartmouth, NS B3B 1						
	Registration Closing		17				
Ottawa, ON	July 14, 2017	FROM	9 am	то	6 pm		
Ottawa, Oil	July 15, 2017	FROM	9 am	то	6 pm		
	July 16, 2017 July 16, 2017	FROM	9 am	TO	6 pm		
National trainer	Dave Potvin	FROIVI	3 aiii	10	о ріп		
Location	GoodLife Fitness						
Location							
	5 Roydon Pl						
	Ottawa, ON K2E 1A3 Registration Closing	Data: July 6th 201	17				
	Registration Closing	Date: July 6", 20.	17				
Toronto, ON	July 14, 2017	FROM	9 am	то	6 pm		
Toronto, Or	July 15, 2017	FROM	9 am	то	6 pm		
	July 16, 2017	FROM	9 am	то	6 pm		
National trainer	Joey Shillolo	FICOIVI	3 aiii	10	o piii		
Location	GoodLife Fitness						
LOCATION							
	7 Station Street)					
	Toronto, ON M5J 1C3		17				
	Registration Closing	Date: July 6°, 20.	17				
Waterloo, ON	July 14, 2017	FROM	9 am	то	6 pm		
Traterioo, Ort	July 15, 2017	FROM	9 am	то	6 pm		
	July 16, 2017	FROM	9 am	то	6 pm		
National trainer	Kristen Stewart	THOM	Juili	10	o piii		
Location	GoodLife Fitness						
Location	289 Marsland Drive						
	Waterloo, ON N2J 3Z	·					
	Registration Closing		17				
	30 11 11 11 0	, , ,					
Windsor, ON	July 20, 2017	FROM	4:30 pm	то	9:30 pm		
	July 21, 2017	FROM	4:30 pm	TO	9:30 pm		
	July 22, 2017	FROM	9 am	то	6 pm		
	July 23, 2017	FROM	9 am	то	4 pm		
National trainer	Marc Ikin				•		
Location	GoodLife Fitness						
	7670 Tecumseh Rd. E	. Unit 1					
	Windsor, ON N8T 1E9						
	Registration Closing		017				
Thornhill, ON	July 21, 2017	FROM	9 am	то	6 pm		
	July 22, 2017	FROM	9 am	то	6 pm		
	July 23, 2017	FROM	9 am	то	6 pm		
National trainer	Eirinn Boots						
Location	GoodLife Fitness						
	8281 Yonge Street						
	Vaughan, ON L3T 2C	7					
	• .	Data: July 12th 20	017				

Registration Closing Date: July 13th, 2017

Calgary, AB National trainer Location	August 4, 2017 August 5, 2017 August 6, 2017 Danielle Redwood GoodLife Fitness Northlan	=	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm			
	Calgary, AB T2L 2J8 Registration Closing Date	e: July 27 th , 2017						
St. John's, NL	August 4, 2017 August 5, 2017 August 6, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm			
National trainer Location	Rodney Meadus GoodLife Fitness 350 Torbay Road St. John's, NL A1A 4E1 Registration Closing Date	e: July 27 th , 2017						
Burlington, ON	August 11, 2017	FROM	9 am	то	6 pm			
	August 12, 2017	FROM	9 am	TO	6 pm			
National trainer Location	August 13, 2017 Krista McMillan GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2	FROM	9 am	то	6 pm			
	Registration Closing Date	e: August 3 rd , 201	7					
London, ON	August 11, 2017 August 12, 2017 August 13, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm			
National trainer Location	Kristen Stewart GoodLife Fitness 355 Wellington St. London, ON N6A 3N7			10	о ріп			
	Registration Closing Date: August 3 rd , 2017							
Toronto, ON	August 11, 2017 August 12, 2017 August 13, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm			
National trainer Location	Michael Sablotny GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3 Registration Closing Date	e: August 3 rd , 201	7		·			
September 2017								
Burlington, ON	September 8, 2017 September 9, 2017 September 10, 2017	FROM FROM FROM	9 am 9 am 9 am	то то то	6 pm 6 pm 6 pm			
National trainer Location	Krista McMillan GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2 Registration Closing Date	»: Δυσυς† 31 st 20°	17					
	and a second second second							

Dartmouth, NS National trainer Location	September 8, 2017 September 9, 2017 September 10, 2017 Ryan Saranchuk GoodLife Fitness 202 Brownlow Ave. Unit 0 Dartmouth, NS B3B 1T5 Registration Closing Date		9 am 8 am 8 am	TO TO TO	6 pm 5 pm 5 pm
Edmonton, AB	September 8, 2017 September 9, 2017 September 10, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm
National trainer Location	Chris Krulicki GoodLife Fitness 4211 139 th Avenue Edmonton, AB T5Y 2W8 Registration Closing Date				- 1
Thornhill, ON	September 8, 2017	FROM	9 am	то	6 pm
	September 9, 2017	FROM	9 am	то	6 pm
	September 10, 2017	FROM	9 am	то	6 pm
National trainer Location	Eirinn Boots GoodLife Fitness				
Location	8281 Yonge Street				
	Vaughan, ON L3T 2C7				
	Registration Closing Date	: August 31 st , 201	.7		
Dieppe, NB	September 15, 2017	FROM	9 am	то	6 pm
	September 16, 2017	FROM	9 am	то	6 pm
	September 17, 2017	FROM	9 am	то	6 pm
National trainer	Jonathan Ells				
Location	GoodLife Fitness				
	555 Dieppe Blvd.				
	Dieppe, NB E1A 0E7 Registration Closing Date	: September 7 th , :	2017		
Ottawa, ON	September 15, 2017	FROM	9 am	то	6 pm
	September 16, 2017	FROM	9 am	ТО	6 pm
National tusinou	September 17, 2017	FROM	9 am	то	6 pm
National trainer Location	Dave Potvin GoodLife Fitness				
Location	5 Roydon Pl				
	Ottawa, ON K2E 1A3				
	Registration Closing Date	: September 7 th ,	2017		
Toronto, ON	September 15, 2017	FROM	9 am	то	6 pm
	September 16, 2017	FROM	9 am	то	6 pm
	September 17, 2017	FROM	9 am	то	6 pm
National trainer	Joey Shillolo				
Location	GoodLife Fitness				
	7 Station Street				
	Toronto, ON M5J 1C3	. Carrell I method	2017		
	Registration Closing Date	: September 7 th ,	2017		

Waterloo, ON National trainer Location	September 15, 2017 September 16, 2017 September 17, 2017 Kristen Stewart GoodLife Fitness 289 Marsland Drive Waterloo, ON N2J 3Z2 Registration Closing Date	FROM FROM FROM	9 am 9 am 9 am 2017	TO TO TO	6 pm 6 pm 6 pm		
Winnipeg, MB National trainer	September 15, 2017 September 16, 2017 September 17, 2017 Jamie Monette	FROM FROM	8:30 am 10 am 10 am	TO TO TO	5:30 pm 7 pm 7 pm		
Location	GoodLife Fitness 3193 Portage Ave Winnipeg, MB R3K 0W4 Registration Closing Date	e: September 7 th ,	2017				
Calgary, AB	September 22, 2017 September 23, 2017 September 24, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm		
National trainer Location	September 24, 2017 FROM 9 am TO 6 pm Brittany Melnyk GoodLife Fitness Northland Village 5111 Northland Drive NW Calgary, AB T2L 2J8 Registration Closing Date: September 14 th , 2017						
October 2017							
Burlington, ON	October 13, 2017 October 14, 2017 October 15, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm		
National trainer Location	Krista McMillan GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2 Registration Closing Date	e: October 5 th , 20	17				
Dartmouth, NS	October 13, 2017 October 14, 2017	FROM FROM	9 am 8 am	ТО ТО	6 pm 5 pm		
National trainer Location	October 14, 2017 FROM 8 am TO 5 pm Jonathan Ells GoodLife Fitness 202 Brownlow Ave. Unit CCY Dartmouth, NS B3B 1T5 Registration Closing Date: October 5 th , 2017						
London, ON	October 13, 2017 October 14, 2017	FROM FROM	9 am 9 am	TO TO	6 pm 6 pm		
National trainer Location	October 15, 2017 Chris Stapylton GoodLife Fitness 355 Wellington St. London, ON N6A 3N7 Registration Closing Date	FROM e: October 5 th , 20	9 am 17	то	6 pm		

Ottawa, ON National trainer Location	October 13, 2017 October 14, 2017 October 15, 2017 Dave Potvin GoodLife Fitness 5 Roydon Pl Ottawa, ON K2E 1A3 Registration Closing Date	FROM FROM FROM	9 am 9 am 9 am 17	TO TO TO	6 pm 6 pm 6 pm
Toronto, ON	October 13, 2017 October 14, 2017 October 15, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm
National trainer Location	Joey Shillolo GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3 Registration Closing Date	e: October 5 th , 20	17		
Pickering, ON	October 20, 2017 October 21, 2017 October 22, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm
National trainer Location	Michael Sablotny GoodLife Fitness 1755 Pickering Parkway u Pickering, ON L1V 6K5 Registration Closing Date				
November 2017					
Calgary, AB	November 3, 2017 November 4, 2017 November 5, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm
National trainer Location	Danielle Redwood GoodLife Fitness Northlar 5111 Northland Drive NW Calgary, AB T2L 2J8 Registration Closing Date	,	017		
Burlington, ON	November 10, 2017	FROM	9 am	то	6 pm
National trainer Location	November 11, 2017 November 12, 2017 Adam Kania GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2 Registration Closing Date	FROM FROM e: November 2 nd ,	9 am 9 am 2017	то	6 pm 6 pm
Toronto, ON	November 10, 2017 November 11, 2017	FROM FROM	9 am 9 am	то то	6 pm 6 pm
National trainer Location	November 12, 2017 Joey Shillolo GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3 Registration Closing Date	FROM	9 am	то	6 pm

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Thornhill, ON	November 10, 2017	FROM	9 am	TO	6 pm
	November 11, 2017	FROM	9 am	TO	6 pm
	November 12, 2017	FROM	9 am	то	6 pm
National trainer	Eirinn Boots				
Location	GoodLife Fitness				
	8281 Yonge Street				
	Vaughan, ON L3T 2C7				
	Registration Closing Date	e: November 2 nd ,	2017		
St. John's, NL	November 17, 2017	FROM	9 am	то	6 pm
• • • • • • • • • • • • • • • • • • •	November 18, 2017	FROM	9 am	то	6 pm
	November 19, 2017	FROM	9 am	то	6 pm
National trainer	Ronald Earle		3 4111	. •	о р
Location	GoodLife Fitness				
	350 Torbay Road				
	St. John's, NL A1A 4E1				
	Registration Closing Date	e: November 9 th ,	2017		
					_
Waterloo, ON	November 17, 2017	FROM	9 am	TO	6 pm
	November 18, 2017	FROM	9 am	TO	6 pm
Nietienel toeleen	November 19, 2017	FROM	9 am	то	6 pm
National trainer	Kristen Stewart				
Location	GoodLife Fitness 289 Marsland Drive				
	Waterloo, ON N2J 3Z2				
	Registration Closing Date	a: November 9 th	2017		
	Registration Closing Date	e. November 9 ,	2017		
December 2017					
Burlington, ON	December 8, 2017	FROM	9 am	то	6 pm
0.5 / 5	December 9, 2017	FROM	9 am	то	6 pm
	December 10, 2017	FROM	9 am	то	6 pm
National trainer	Adam Kania				•
Location	GoodLife Fitness				
	777 Guelph Line				
	Burlington, ON L7R 3N2				
	Registration Closing Date	e: November 30 th	, 2017		
London, ON	Docombor 9 2017	FROM	9 am	то	6 nm
London, ON	December 8, 2017 December 9, 2017	FROM	9 am	TO	6 pm 6 pm
	December 10, 2017	FROM	9 am	то	6 pm
National trainer	Kristen Stewart	TROW	Jani	10	o piii
Location	GoodLife Fitness				
Location	355 Wellington St.				
	London, ON N6A 3N7				
	Registration Closing Date	e: November 30 th	, 2017		
Ottawa, ON	December 8, 2017	FROM	9 am	ТО	6 pm
	December 9, 2017	FROM	9 am	то	6 pm
	December 10, 2017	FROM	9 am	то	6 pm
National trainer	TBD				
Location	GoodLife Fitness				
	5 Roydon Pl				
	Ottawa, ON K2E 1A3		2017		
	Registration Closing Date	e: November 30"	, 201/		

Toronto, ON National trainer Location	December 8, 2017 December 9, 2017 December 10, 2017 Michael Sablotny GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3 Registration Closing Date	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm		
Winnipeg, MB	December 8, 2017 December 9, 2017 December 10, 2017	FROM FROM FROM	8:30 am 10 am 10 am	то то то	5:30 pm 7 pm 7 pm		
National trainer Location	Jamie Monette GoodLife Fitness 3193 Portage Ave Winnipeg, MB R3K 0W4 Registration Closing Date	e: November 30 th ,	2017				
Calgary, AB	December 15, 2017 December 16, 2017 December 17, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm		
National trainer Location	TBD GoodLife Fitness Northland Village 5111 Northland Drive NW Calgary, AB T2L 2J8 Registration Closing Date: December 7 th , 2017						
Dartmouth, NS	December 15, 2017 December 16, 2017 December 17, 2017	FROM FROM FROM	9 am 8 am 8 am	то то то	6 pm 5 pm 5 pm		
National trainer Location	Ryan Saranchuk GoodLife Fitness 202 Brownlow Ave. Unit CCY Dartmouth, NS B3B 1T5 Registration Closing Date: December 7 th , 2017						
Thornhill, ON	December 15, 2017 December 16, 2017 December 17, 2017	FROM FROM FROM	9 am 9 am 9 am	TO TO TO	6 pm 6 pm 6 pm		
National trainer Location	Eirinn Boots GoodLife Fitness 8281 Yonge Street Vaughan, ON L3T 2C7 Registration Closing Date			-	- P ····		