

GoodLife Personal Trainer Institute Course Schedule

July 2017

Dartmouth, NS

	July 14, 2017	FROM	9 am	TO	6 pm
	July 15, 2017	FROM	8 am	TO	5 pm
	July 16, 2017	FROM	8 am	TO	5 pm

National trainer Ryan Saranchuk
Location GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5
Registration Closing Date: July 6th, 2017

Ottawa, ON

	July 14, 2017	FROM	9 am	TO	6 pm
	July 15, 2017	FROM	9 am	TO	6 pm
	July 16, 2017	FROM	9 am	TO	6 pm

National trainer Dave Potvin
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3
Registration Closing Date: July 6th, 2017

Toronto, ON

	July 14, 2017	FROM	9 am	TO	6 pm
	July 15, 2017	FROM	9 am	TO	6 pm
	July 16, 2017	FROM	9 am	TO	6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: July 6th, 2017

Waterloo, ON

	July 14, 2017	FROM	9 am	TO	6 pm
	July 15, 2017	FROM	9 am	TO	6 pm
	July 16, 2017	FROM	9 am	TO	6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
 289 Marsland Drive
 Waterloo, ON N2J 3Z2
Registration Closing Date: July 6th, 2017

Windsor, ON

	July 20, 2017	FROM	4:30 pm	TO	9:30 pm
	July 21, 2017	FROM	4:30 pm	TO	9:30 pm
	July 22, 2017	FROM	9 am	TO	6 pm
	July 23, 2017	FROM	9 am	TO	4 pm

National trainer Marc Ikin
Location GoodLife Fitness
 7670 Tecumseh Rd. E. Unit 1
 Windsor, ON N8T 1E9
Registration Closing Date: July 12th, 2017

Thornhill, ON

	July 21, 2017	FROM	9 am	TO	6 pm
	July 22, 2017	FROM	9 am	TO	6 pm
	July 23, 2017	FROM	9 am	TO	6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
 8281 Yonge Street
 Vaughan, ON L3T 2C7
Registration Closing Date: July 13th, 2017

August 2017

Calgary, AB	August 4, 2017	FROM	9 am	TO	6 pm
	August 5, 2017	FROM	9 am	TO	6 pm
	August 6, 2017	FROM	9 am	TO	6 pm

National trainer Danielle Redwood
Location GoodLife Fitness Northland Village
5111 Northland Drive NW
Calgary, AB T2L 2J8

Registration Closing Date: July 27th, 2017

St. John's, NL	August 4, 2017	FROM	9 am	TO	6 pm
	August 5, 2017	FROM	9 am	TO	6 pm
	August 6, 2017	FROM	9 am	TO	6 pm

National trainer Rodney Meadus
Location GoodLife Fitness
350 Torbay Road
St. John's, NL A1A 4E1

Registration Closing Date: July 27th, 2017

Burlington, ON	August 11, 2017	FROM	9 am	TO	6 pm
	August 12, 2017	FROM	9 am	TO	6 pm
	August 13, 2017	FROM	9 am	TO	6 pm

National trainer Krista McMillan
Location GoodLife Fitness
777 Guelph Line
Burlington, ON L7R 3N2

Registration Closing Date: August 3rd, 2017

London, ON	August 11, 2017	FROM	9 am	TO	6 pm
	August 12, 2017	FROM	9 am	TO	6 pm
	August 13, 2017	FROM	9 am	TO	6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
355 Wellington St.
London, ON N6A 3N7

Registration Closing Date: August 3rd, 2017

Toronto, ON	August 11, 2017	FROM	9 am	TO	6 pm
	August 12, 2017	FROM	9 am	TO	6 pm
	August 13, 2017	FROM	9 am	TO	6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3

Registration Closing Date: August 3rd, 2017

September 2017

Burlington, ON	September 8, 2017	FROM	9 am	TO	6 pm
	September 9, 2017	FROM	9 am	TO	6 pm
	September 10, 2017	FROM	9 am	TO	6 pm

National trainer Krista McMillan
Location GoodLife Fitness
777 Guelph Line
Burlington, ON L7R 3N2

Registration Closing Date: August 31st, 2017

Dartmouth, NS	September 8, 2017	FROM	9 am	TO	6 pm
	September 9, 2017	FROM	8 am	TO	5 pm
	September 10, 2017	FROM	8 am	TO	5 pm
National trainer	Ryan Saranchuk				
Location	GoodLife Fitness 202 Brownlow Ave. Unit CCY Dartmouth, NS B3B 1T5				
	Registration Closing Date: August 31st, 2017				
Edmonton, AB	September 8, 2017	FROM	9 am	TO	6 pm
	September 9, 2017	FROM	9 am	TO	6 pm
	September 10, 2017	FROM	9 am	TO	6 pm
National trainer	Chris Krulicki				
Location	GoodLife Fitness 4211 139 th Avenue Edmonton, AB T5Y 2W8				
	Registration Closing Date: August 31st, 2017				
Thornhill, ON	September 8, 2017	FROM	9 am	TO	6 pm
	September 9, 2017	FROM	9 am	TO	6 pm
	September 10, 2017	FROM	9 am	TO	6 pm
National trainer	Eirinn Boots				
Location	GoodLife Fitness 8281 Yonge Street Vaughan, ON L3T 2C7				
	Registration Closing Date: August 31st, 2017				
Dieppe, NB	September 15, 2017	FROM	9 am	TO	6 pm
	September 16, 2017	FROM	9 am	TO	6 pm
	September 17, 2017	FROM	9 am	TO	6 pm
National trainer	Jonathan Ells				
Location	GoodLife Fitness 555 Dieppe Blvd. Dieppe, NB E1A 0E7				
	Registration Closing Date: September 7th, 2017				
Ottawa, ON	September 15, 2017	FROM	9 am	TO	6 pm
	September 16, 2017	FROM	9 am	TO	6 pm
	September 17, 2017	FROM	9 am	TO	6 pm
National trainer	Dave Potvin				
Location	GoodLife Fitness 5 Roydon Pl Ottawa, ON K2E 1A3				
	Registration Closing Date: September 7th, 2017				
Toronto, ON	September 15, 2017	FROM	9 am	TO	6 pm
	September 16, 2017	FROM	9 am	TO	6 pm
	September 17, 2017	FROM	9 am	TO	6 pm
National trainer	Joey Shillolo				
Location	GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3				
	Registration Closing Date: September 7th, 2017				

Waterloo, ON September 15, 2017 **FROM** 9 am **TO** 6 pm
 September 16, 2017 **FROM** 9 am **TO** 6 pm
 September 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Kristen Stewart
 GoodLife Fitness
 289 Marsland Drive
 Waterloo, ON N2J 3Z2

Registration Closing Date: September 7th, 2017

Winnipeg, MB September 15, 2017 **FROM** 8:30 am **TO** 5:30 pm
 September 16, 2017 **FROM** 10 am **TO** 7 pm
 September 17, 2017 **FROM** 10 am **TO** 7 pm

National trainer
Location Jamie Monette
 GoodLife Fitness
 3193 Portage Ave
 Winnipeg, MB R3K 0W4

Registration Closing Date: September 7th, 2017

Calgary, AB September 22, 2017 **FROM** 9 am **TO** 6 pm
 September 23, 2017 **FROM** 9 am **TO** 6 pm
 September 24, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Brittany Melnyk
 GoodLife Fitness Northland Village
 5111 Northland Drive NW
 Calgary, AB T2L 2J8

Registration Closing Date: September 14th, 2017

October 2017

Burlington, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Krista McMillan
 GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2

Registration Closing Date: October 5th, 2017

Dartmouth, NS October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 8 am **TO** 5 pm
 October 15, 2017 **FROM** 8 am **TO** 5 pm

National trainer
Location Jonathan Ells
 GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5

Registration Closing Date: October 5th, 2017

London, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Chris Stapylton
 GoodLife Fitness
 355 Wellington St.
 London, ON N6A 3N7

Registration Closing Date: October 5th, 2017

Ottawa, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Dave Potvin
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3
Registration Closing Date: October 5th, 2017

Toronto, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: October 5th, 2017

Pickering, ON October 20, 2017 **FROM** 9 am **TO** 6 pm
 October 21, 2017 **FROM** 9 am **TO** 6 pm
 October 22, 2017 **FROM** 9 am **TO** 6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
 1755 Pickering Parkway unit 28
 Pickering, ON L1V 6K5
Registration Closing Date: October 12th, 2017

November 2017

Calgary, AB November 3, 2017 **FROM** 9 am **TO** 6 pm
 November 4, 2017 **FROM** 9 am **TO** 6 pm
 November 5, 2017 **FROM** 9 am **TO** 6 pm

National trainer Danielle Redwood
Location GoodLife Fitness Northland Village
 5111 Northland Drive NW
 Calgary, AB T2L 2J8
Registration Closing Date: October 26th, 2017

Burlington, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
 November 11, 2017 **FROM** 9 am **TO** 6 pm
 November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Adam Kania
Location GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2
Registration Closing Date: November 2nd, 2017

Toronto, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
 November 11, 2017 **FROM** 9 am **TO** 6 pm
 November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: November 2nd, 2017

Thornhill, ON	November 10, 2017	FROM	9 am	TO	6 pm
	November 11, 2017	FROM	9 am	TO	6 pm
	November 12, 2017	FROM	9 am	TO	6 pm
National trainer	Eirinn Boots				
Location	GoodLife Fitness 8281 Yonge Street Vaughan, ON L3T 2C7				
	Registration Closing Date: November 2nd, 2017				
St. John's, NL	November 17, 2017	FROM	9 am	TO	6 pm
	November 18, 2017	FROM	9 am	TO	6 pm
	November 19, 2017	FROM	9 am	TO	6 pm
National trainer	Ronald Earle				
Location	GoodLife Fitness 350 Torbay Road St. John's, NL A1A 4E1				
	Registration Closing Date: November 9th, 2017				
Waterloo, ON	November 17, 2017	FROM	9 am	TO	6 pm
	November 18, 2017	FROM	9 am	TO	6 pm
	November 19, 2017	FROM	9 am	TO	6 pm
National trainer	Kristen Stewart				
Location	GoodLife Fitness 289 Marsland Drive Waterloo, ON N2J 3Z2				
	Registration Closing Date: November 9th, 2017				
December 2017					
Burlington, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Adam Kania				
Location	GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2				
	Registration Closing Date: November 30th, 2017				
London, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Kristen Stewart				
Location	GoodLife Fitness 355 Wellington St. London, ON N6A 3N7				
	Registration Closing Date: November 30th, 2017				
Ottawa, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	TBD				
Location	GoodLife Fitness 5 Roydon Pl Ottawa, ON K2E 1A3				
	Registration Closing Date: November 30th, 2017				

Toronto, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Michael Sablotny				
Location	GoodLife Fitness 7 Station Street Toronto, ON M5J 1C3				
	Registration Closing Date: November 30th, 2017				
Winnipeg, MB	December 8, 2017	FROM	8:30 am	TO	5:30 pm
	December 9, 2017	FROM	10 am	TO	7 pm
	December 10, 2017	FROM	10 am	TO	7 pm
National trainer	Jamie Monette				
Location	GoodLife Fitness 3193 Portage Ave Winnipeg, MB R3K 0W4				
	Registration Closing Date: November 30th, 2017				
Calgary, AB	December 15, 2017	FROM	9 am	TO	6 pm
	December 16, 2017	FROM	9 am	TO	6 pm
	December 17, 2017	FROM	9 am	TO	6 pm
National trainer	TBD				
Location	GoodLife Fitness Northland Village 5111 Northland Drive NW Calgary, AB T2L 2J8				
	Registration Closing Date: December 7th, 2017				
Dartmouth, NS	December 15, 2017	FROM	9 am	TO	6 pm
	December 16, 2017	FROM	8 am	TO	5 pm
	December 17, 2017	FROM	8 am	TO	5 pm
National trainer	Ryan Saranchuk				
Location	GoodLife Fitness 202 Brownlow Ave. Unit CCY Dartmouth, NS B3B 1T5				
	Registration Closing Date: December 7th, 2017				
Thornhill, ON	December 15, 2017	FROM	9 am	TO	6 pm
	December 16, 2017	FROM	9 am	TO	6 pm
	December 17, 2017	FROM	9 am	TO	6 pm
National trainer	Eirinn Boots				
Location	GoodLife Fitness 8281 Yonge Street Vaughan, ON L3T 2C7				
	Registration Closing Date: December 7th, 2017				