

GoodLife Personal Trainer Institute Course Schedule

September 2017

Ottawa, ON September 15, 2017 **FROM** 9 am **TO** 6 pm
 September 16, 2017 **FROM** 9 am **TO** 6 pm
 September 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer Dave Potvin
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3
Registration Closing Date: September 7th, 2017

Toronto, ON September 15, 2017 **FROM** 9 am **TO** 6 pm
 September 16, 2017 **FROM** 9 am **TO** 6 pm
 September 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: September 7th, 2017

Winnipeg, MB September 15, 2017 **FROM** 8:30 am **TO** 5:30 pm
 September 16, 2017 **FROM** 10 am **TO** 7 pm
 September 17, 2017 **FROM** 10 am **TO** 7 pm

National trainer Jamie Monette
Location GoodLife Fitness
 3193 Portage Ave
 Winnipeg, MB R3K 0W4
Registration Closing Date: September 7th, 2017

Calgary, AB September 22, 2017 **FROM** 9 am **TO** 6 pm
 September 23, 2017 **FROM** 9 am **TO** 6 pm
 September 24, 2017 **FROM** 9 am **TO** 6 pm

National trainer Brittany Melnyk
Location GoodLife Fitness Northland Village
 5111 Northland Drive NW
 Calgary, AB T2L 2J8
Registration Closing Date: September 14th, 2017

October 2017

Burlington, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Krista McMillan
Location GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2
Registration Closing Date: October 5th, 2017

Dartmouth, NS October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 8 am **TO** 5 pm
 October 15, 2017 **FROM** 8 am **TO** 5 pm

National trainer Jonathan Ells
Location GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5
Registration Closing Date: October 5th, 2017

London, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Chris Stapylton
 GoodLife Fitness
 355 Wellington St.
 London, ON N6A 3N7
Registration Closing Date: October 5th, 2017

Ottawa, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Dave Potvin
 GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3
Registration Closing Date: October 5th, 2017

Toronto, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Joey Shillolo
 GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: October 5th, 2017

Pickering, ON October 20, 2017 **FROM** 9 am **TO** 6 pm
 October 21, 2017 **FROM** 9 am **TO** 6 pm
 October 22, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Michael Sablotny
 GoodLife Fitness
 1755 Pickering Parkway unit 28
 Pickering, ON L1V 6K5
Registration Closing Date: October 12th, 2017

November 2017

Calgary, AB November 3, 2017 **FROM** 9 am **TO** 6 pm
 November 4, 2017 **FROM** 9 am **TO** 6 pm
 November 5, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Danielle Redwood
 GoodLife Fitness Northland Village
 5111 Northland Drive NW
 Calgary, AB T2L 2J8
Registration Closing Date: October 26th, 2017

Burlington, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
 November 11, 2017 **FROM** 9 am **TO** 6 pm
 November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer
Location Adam Kania
 GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2
Registration Closing Date: November 2nd, 2017

Toronto, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
 November 11, 2017 **FROM** 9 am **TO** 6 pm
 November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: November 2nd, 2017

Thornhill, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
 November 11, 2017 **FROM** 9 am **TO** 6 pm
 November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
 8281 Yonge Street
 Vaughan, ON L3T 2C7
Registration Closing Date: November 2nd, 2017

St. John's, NL November 17, 2017 **FROM** 9 am **TO** 6 pm
 November 18, 2017 **FROM** 9 am **TO** 6 pm
 November 19, 2017 **FROM** 9 am **TO** 6 pm

National trainer Ronald Earle
Location GoodLife Fitness
 350 Torbay Road
 St. John's, NL A1A 4E1
Registration Closing Date: November 9th, 2017

Waterloo, ON November 17, 2017 **FROM** 9 am **TO** 6 pm
 November 18, 2017 **FROM** 9 am **TO** 6 pm
 November 19, 2017 **FROM** 9 am **TO** 6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
 289 Marsland Drive
 Waterloo, ON N2J 3Z2
Registration Closing Date: November 9th, 2017

December 2017

Edmonton, AB December 1, 2017 **FROM** 9 am **TO** 6 pm
 December 2, 2017 **FROM** 9 am **TO** 6 pm
 December 3, 2017 **FROM** 9 am **TO** 6 pm

National trainer Chris Krulicki
Location GoodLife Fitness
 4211 139th Avenue
 Edmonton, AB T5Y 2W8
Registration Closing Date: November 23rd, 2017

Burlington, ON December 8, 2017 **FROM** 9 am **TO** 6 pm
 December 9, 2017 **FROM** 9 am **TO** 6 pm
 December 10, 2017 **FROM** 9 am **TO** 6 pm

National trainer Adam Kania
Location GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2
Registration Closing Date: November 30th, 2017

London, ON December 8, 2017 **FROM** 9 am **TO** 6 pm
 December 9, 2017 **FROM** 9 am **TO** 6 pm
 December 10, 2017 **FROM** 9 am **TO** 6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
 355 Wellington St.
 London, ON N6A 3N7
Registration Closing Date: November 30th, 2017

Ottawa, ON December 8, 2017 **FROM** 9 am **TO** 6 pm
 December 9, 2017 **FROM** 9 am **TO** 6 pm
 December 10, 2017 **FROM** 9 am **TO** 6 pm

National trainer TBD
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3
Registration Closing Date: November 30th, 2017

Toronto, ON December 8, 2017 **FROM** 9 am **TO** 6 pm
 December 9, 2017 **FROM** 9 am **TO** 6 pm
 December 10, 2017 **FROM** 9 am **TO** 6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3
Registration Closing Date: November 30th, 2017

Winnipeg, MB December 8, 2017 **FROM** 8:30 am **TO** 5:30 pm
 December 9, 2017 **FROM** 10 am **TO** 7 pm
 December 10, 2017 **FROM** 10 am **TO** 7 pm

National trainer Jamie Monette
Location GoodLife Fitness
 3193 Portage Ave
 Winnipeg, MB R3K 0W4
Registration Closing Date: November 30th, 2017

Calgary, AB December 15, 2017 **FROM** 9 am **TO** 6 pm
 December 16, 2017 **FROM** 9 am **TO** 6 pm
 December 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer TBD
Location GoodLife Fitness Northland Village
 5111 Northland Drive NW
 Calgary, AB T2L 2J8
Registration Closing Date: December 7th, 2017

Dartmouth, NS December 15, 2017 **FROM** 9 am **TO** 6 pm
 December 16, 2017 **FROM** 8 am **TO** 5 pm
 December 17, 2017 **FROM** 8 am **TO** 5 pm

National trainer Ryan Saranchuk
Location GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5
Registration Closing Date: December 7th, 2017

Thornhill, ON

December 15, 2017	FROM	9 am	TO	6 pm
December 16, 2017	FROM	9 am	TO	6 pm
December 17, 2017	FROM	9 am	TO	6 pm

National trainer

Eirinn Boots
GoodLife Fitness
8281 Yonge Street
Vaughan, ON L3T 2C7

Location

Registration Closing Date: December 7th, 2017