

GoodLife Personal Trainer Institute Course Schedule

October 2017

Burlington, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Krista McMillan
Location GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2

Registration Closing Date: October 5th, 2017

Dartmouth, NS October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 8 am **TO** 5 pm
 October 15, 2017 **FROM** 8 am **TO** 5 pm

National trainer Jonathan Ells
Location GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5

Registration Closing Date: October 5th, 2017

London, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Chris Stapyhton
Location GoodLife Fitness
 355 Wellington St.
 London, ON N6A 3N7

Registration Closing Date: October 5th, 2017

Ottawa, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Dave Potvin
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3

Registration Closing Date: October 5th, 2017

Toronto, ON October 13, 2017 **FROM** 9 am **TO** 6 pm
 October 14, 2017 **FROM** 9 am **TO** 6 pm
 October 15, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3

Registration Closing Date: October 5th, 2017

Pickering, ON October 20, 2017 **FROM** 9 am **TO** 6 pm
 October 21, 2017 **FROM** 9 am **TO** 6 pm
 October 22, 2017 **FROM** 9 am **TO** 6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
 1755 Pickering Parkway unit 28
 Pickering, ON L1V 6K5

Registration Closing Date: October 12th, 2017

November 2017

Calgary, AB November 3, 2017 **FROM** 9 am **TO** 6 pm
November 4, 2017 **FROM** 9 am **TO** 6 pm
November 5, 2017 **FROM** 9 am **TO** 6 pm

National trainer Danielle Redwood
Location GoodLife Fitness Northland Village
5111 Northland Drive NW
Calgary, AB T2L 2J8

Registration Closing Date: October 26th, 2017

Burlington, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
November 11, 2017 **FROM** 9 am **TO** 6 pm
November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Adam Kania
Location GoodLife Fitness
777 Guelph Line
Burlington, ON L7R 3N2

Registration Closing Date: November 2nd, 2017

Toronto, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
November 11, 2017 **FROM** 9 am **TO** 6 pm
November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3

Registration Closing Date: November 2nd, 2017

Thornhill, ON November 10, 2017 **FROM** 9 am **TO** 6 pm
November 11, 2017 **FROM** 9 am **TO** 6 pm
November 12, 2017 **FROM** 9 am **TO** 6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
8281 Yonge Street
Vaughan, ON L3T 2C7

Registration Closing Date: November 2nd, 2017

St. John's, NL November 17, 2017 **FROM** 9 am **TO** 6 pm
November 18, 2017 **FROM** 9 am **TO** 6 pm
November 19, 2017 **FROM** 9 am **TO** 6 pm

National trainer Ronald Earle
Location GoodLife Fitness
350 Torbay Road
St. John's, NL A1A 4E1

Registration Closing Date: November 9th, 2017

Waterloo, ON November 17, 2017 **FROM** 9 am **TO** 6 pm
November 18, 2017 **FROM** 9 am **TO** 6 pm
November 19, 2017 **FROM** 9 am **TO** 6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
289 Marsland Drive
Waterloo, ON N2J 3Z2

Registration Closing Date: November 9th, 2017

Dieppe, NB	November 24, 2017	FROM	9 am	TO	6 pm
	November 25, 2017	FROM	9 am	TO	6 pm
	November 26, 2017	FROM	9 am	TO	6 pm
National trainer	Jonathan Ells				
Location	GoodLife Fitness 555 Dieppe Blvd. Dieppe, NB E1A 0E7				

Registration Closing Date: November 14th, 2017

December 2017

Edmonton, AB	December 1, 2017	FROM	9 am	TO	6 pm
	December 2, 2017	FROM	9 am	TO	6 pm
	December 3, 2017	FROM	9 am	TO	6 pm
National trainer	Chris Krulicki				
Location	GoodLife Fitness 4211 139 th Avenue Edmonton, AB T5Y 2W8				

Registration Closing Date: November 23rd, 2017

Windsor, ON	December 1, 2017	FROM	4 pm	TO	9 pm
	December 2, 2017	FROM	9 am	TO	5:30 pm
	December 3, 2017	FROM	9 am	TO	5:30 pm
	December 8, 2017	FROM	4 pm	TO	9 pm
National trainer	Alisa Hopkinson				
Location	GoodLife Fitness 7670 Tecumseh Rd. E. Unit 1 Windsor, ON N8T 1E9				

Registration Closing Date: November 23rd, 2017

Burlington, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Adam Kania				
Location	GoodLife Fitness 777 Guelph Line Burlington, ON L7R 3N2				

Registration Closing Date: November 30th, 2017

London, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Kristen Stewart				
Location	GoodLife Fitness 355 Wellington St. London, ON N6A 3N7				

Registration Closing Date: November 30th, 2017

Ottawa, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm
National trainer	Dave Potvin				
Location	GoodLife Fitness 5 Roydon Pl Ottawa, ON K2E 1A3				

Registration Closing Date: November 30th, 2017

Toronto, ON	December 8, 2017	FROM	9 am	TO	6 pm
	December 9, 2017	FROM	9 am	TO	6 pm
	December 10, 2017	FROM	9 am	TO	6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3
Registration Closing Date: November 30th, 2017

Winnipeg, MB
December 8, 2017 **FROM** 8:30 am **TO** 5:30 pm
December 9, 2017 **FROM** 10 am **TO** 7 pm
December 10, 2017 **FROM** 10 am **TO** 7 pm

National trainer Jamie Monette
Location GoodLife Fitness
3193 Portage Ave
Winnipeg, MB R3K 0W4
Registration Closing Date: November 30th, 2017

Calgary, AB
December 15, 2017 **FROM** 9 am **TO** 6 pm
December 16, 2017 **FROM** 9 am **TO** 6 pm
December 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer TBD
Location GoodLife Fitness Northland Village
5111 Northland Drive NW
Calgary, AB T2L 2J8
Registration Closing Date: December 7th, 2017

Dartmouth, NS
December 15, 2017 **FROM** 9 am **TO** 6 pm
December 16, 2017 **FROM** 8 am **TO** 5 pm
December 17, 2017 **FROM** 8 am **TO** 5 pm

National trainer Ryan Saranchuk
Location GoodLife Fitness
202 Brownlow Ave. Unit CCY
Dartmouth, NS B3B 1T5
Registration Closing Date: December 7th, 2017

Thornhill, ON
December 15, 2017 **FROM** 9 am **TO** 6 pm
December 16, 2017 **FROM** 9 am **TO** 6 pm
December 17, 2017 **FROM** 9 am **TO** 6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
8281 Yonge Street
Vaughan, ON L3T 2C7
Registration Closing Date: December 7th, 2017