

GoodLife Personal Trainer Institute Course Schedule

January 2018

Dartmouth, NS January 12, 2018 **FROM** 9 am **TO** 6 pm
 January 13, 2018 **FROM** 8 am **TO** 5 pm
 January 14, 2018 **FROM** 8 am **TO** 5 pm

National trainer Jonathan Ells
Location GoodLife Fitness
 202 Brownlow Ave. Unit CCY
 Dartmouth, NS B3B 1T5

Registration Closing Date: January 4th, 2018

Toronto, ON January 12, 2018 **FROM** 9 am **TO** 6 pm
 January 13, 2018 **FROM** 9 am **TO** 6 pm
 January 14, 2018 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
 7 Station Street
 Toronto, ON M5J 1C3

Registration Closing Date: January 4th, 2018

Burlington, ON January 19, 2018 **FROM** 9 am **TO** 6 pm
 January 20, 2018 **FROM** 9 am **TO** 6 pm
 January 21, 2018 **FROM** 9 am **TO** 6 pm

National trainer Marc Ikin
Location GoodLife Fitness
 777 Guelph Line
 Burlington, ON L7R 3N2

Registration Closing Date: January 11th, 2018

Oshawa, ON January 19, 2018 **FROM**
 January 20, 2018 **FROM**
 January 21, 2018 **FROM**

National trainer Michael Sablotny
Location GoodLife Fitness
 419 King St. W.
 Oshawa, ON L1J 2K5

Registration Closing Date: January 11th, 2018

COURSE CANCELLED

Ottawa, ON January 19, 2018 **FROM** 9 am **TO** 6 pm
 January 20, 2018 **FROM** 9 am **TO** 6 pm
 January 21, 2018 **FROM** 9 am **TO** 6 pm

National trainer Dave Potvin
Location GoodLife Fitness
 5 Roydon Pl
 Ottawa, ON K2E 1A3

Registration Closing Date: January 11th, 2018

Thornhill, ON January 19, 2018 **FROM** 9 am **TO** 6 pm
 January 20, 2018 **FROM** 9 am **TO** 6 pm
 January 21, 2018 **FROM** 9 am **TO** 6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
 8281 Yonge Street
 Vaughan, ON L3T 2C7

Registration Closing Date: January 11th, 2018

February 2018

Calgary, AB February 9, 2018 **FROM** 9 am **TO** 6 pm
February 10, 2018 **FROM** 9 am **TO** 6 pm
February 11, 2018 **FROM** 9 am **TO** 6 pm

National trainer Sarah Howell
Location GoodLife Fitness Northland Village
5111 Northland Drive NW
Calgary, AB T2L 2J8

Registration Closing Date: February 1st, 2018

Dartmouth, NS February 9, 2018 **FROM** 9 am **TO** 6 pm
February 10, 2018 **FROM** 8 am **TO** 5 pm
February 11, 2018 **FROM** 8 am **TO** 5 pm

National trainer Jonathan Ells
Location GoodLife Fitness
202 Brownlow Ave. Unit CCY
Dartmouth, NS B3B 1T5

Registration Closing Date: February 1st, 2018

Toronto, ON February 9, 2018 **FROM** 9 am **TO** 6 pm
February 10, 2018 **FROM** 9 am **TO** 6 pm
February 11, 2018 **FROM** 9 am **TO** 6 pm

National trainer Joey Shillolo
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3

Registration Closing Date: February 1st, 2018

Waterloo, ON February 9, 2018 **FROM** 9 am **TO** 6 pm
February 10, 2018 **FROM** 9 am **TO** 6 pm
February 11, 2018 **FROM** 9 am **TO** 6 pm

National trainer Kristen Stewart
Location GoodLife Fitness
289 Marsland Drive
Waterloo, ON N2J 3Z2

Registration Closing Date: February 1st, 2018

St. John's, NL February 16, 2018 **FROM** 9 am **TO** 6 pm
February 17, 2018 **FROM** 9 am **TO** 6 pm
February 18, 2018 **FROM** 9 am **TO** 6 pm

National trainer Ronald Earle
Location GoodLife Fitness
350 Torbay Road
St. John's, NL A1A 4E1

Registration Closing Date: February 8th, 2018

March 2018

Burlington, ON March 2, 2018 **FROM** 9 am **TO** 6 pm
March 3, 2018 **FROM** 9 am **TO** 6 pm
March 4, 2018 **FROM** 9 am **TO** 6 pm

National trainer Krista McMillan
Location GoodLife Fitness
777 Guelph Line
Burlington, ON L7R 3N2

Registration Closing Date: February 22nd, 2018

Dieppe, NB March 9, 2018 **FROM** 9 am **TO** 6 pm
March 10, 2018 **FROM** 9 am **TO** 6 pm
March 11, 2018 **FROM** 9 am **TO** 6 pm
National trainer Jonathan Ells
Location GoodLife Fitness
555 Dieppe Blvd
Dieppe, NB E1A 0E7
Registration Closing Date: March 1st, 2018

Edmonton, AB March 9, 2018 **FROM** 9 am **TO** 6 pm
March 10, 2018 **FROM** 9 am **TO** 6 pm
March 11, 2018 **FROM** 9 am **TO** 6 pm
National trainer Chris Krulicki
Location GoodLife Fitness
4211 139th Avenue
Edmonton, AB T5Y 2W8
Registration Closing Date: March 1st, 2018

Ottawa, ON March 9, 2018 **FROM** 9 am **TO** 6 pm
March 10, 2018 **FROM** 9 am **TO** 6 pm
March 11, 2018 **FROM** 9 am **TO** 6 pm
National trainer Dave Potvin
Location GoodLife Fitness
5 Roydon Pl
Ottawa, ON K2E 1A3
Registration Closing Date: March 1st, 2018

Toronto, ON March 9, 2018 **FROM** 9 am **TO** 6 pm
March 10, 2018 **FROM** 9 am **TO** 6 pm
March 11, 2018 **FROM** 9 am **TO** 6 pm
National trainer Michael Sablotny
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3
Registration Closing Date: March 1st, 2018

Windsor, ON March 9, 2018 **FROM** 9 am **TO** 6 pm
March 10, 2018 **FROM** 9 am **TO** 6 pm
March 11, 2018 **FROM** 9 am **TO** 6 pm
National trainer Victoria Edwards
Location GoodLife Fitness
7670 Tecumseh Rd. E. Unit 1
Windsor, ON N8T 1E9
Registration Closing Date: March 1st, 2018

Winnipeg, MB March 9, 2017 **FROM** 8 am **TO** 5 pm
March 10, 2017 **FROM** 8:30 am **TO** 5:30 pm
March 11, 2017 **FROM** 8:30 am **TO** 5:30 pm
National trainer Jamie Monette
Location GoodLife Fitness
1120 Grant Avenue
Winnipeg, MB R3M 2A4
Registration Closing Date: March 1st, 2018

Calgary, AB March 16, 2018 **FROM** 9 am **TO** 6 pm
March 17, 2018 **FROM** 9 am **TO** 6 pm
March 18, 2018 **FROM** 9 am **TO** 6 pm
National trainer Sarah Howell
Location GoodLife Fitness Northland Village
5111 Northland Drive NW
Calgary, AB T2L 2J8
Registration Closing Date: March 8th, 2018

London, ON March 16, 2018 **FROM** 9 am **TO** 6 pm
March 17, 2018 **FROM** 9 am **TO** 6 pm
March 18, 2018 **FROM** 9 am **TO** 6 pm
National trainer Kristen Stewart
Location GoodLife Fitness
355 Wellington St.
London, ON N6A 3N7
Registration Closing Date: March 8th, 2018

Thornhill, ON March 16, 2018 **FROM** 9 am **TO** 6 pm
March 17, 2018 **FROM** 9 am **TO** 6 pm
March 18, 2018 **FROM** 9 am **TO** 6 pm
National trainer Eirinn Boots
Location GoodLife Fitness
8281 Yonge Street
Vaughan, ON L3T 2C7
Registration Closing Date: March 8th, 2018

April 2018

Burlington, ON April 6, 2018 **FROM** 9 am **TO** 6 pm
April 7, 2018 **FROM** 9 am **TO** 6 pm
April 8, 2018 **FROM** 9 am **TO** 6 pm
National trainer Adam Kania
Location GoodLife Fitness
777 Guelph Line
Burlington, ON L7R 3N2
Registration Closing Date: March 29th, 2018

Ottawa, ON April 6, 2018 **FROM** 9 am **TO** 6 pm
April 7, 2018 **FROM** 9 am **TO** 6 pm
April 8, 2018 **FROM** 9 am **TO** 6 pm
National trainer Dave Potvin
Location GoodLife Fitness
5 Roydon Pl
Ottawa, ON K2E 1A3
Registration Closing Date: March 29th, 2018

Toronto, ON April 6, 2018 **FROM** 9 am **TO** 6 pm
April 7, 2018 **FROM** 9 am **TO** 6 pm
April 8, 2018 **FROM** 9 am **TO** 6 pm
National trainer Joey Shillolo
Location GoodLife Fitness
7 Station Street
Toronto, ON M5J 1C3
Registration Closing Date: March 29th, 2018

Dartmouth, NS April 13, 2018 **FROM** 9 am **TO** 6 pm
April 14, 2018 **FROM** 8 am **TO** 5 pm
April 15, 2018 **FROM** 8 am **TO** 5 pm

National trainer Jonathan Ells
Location GoodLife Fitness
202 Brownlow Ave. Unit CCY
Dartmouth, NS B3B 1T5
Registration Closing Date: April 5th, 2018

Oshawa, ON April 13, 2018 **FROM** 9 am **TO** 6 pm
April 14, 2018 **FROM** 9 am **TO** 6 pm
April 15, 2018 **FROM** 9 am **TO** 6 pm

National trainer Michael Sablotny
Location GoodLife Fitness
419 King St. W.
Oshawa, ON L1J 2K5
Registration Closing Date: April 5th, 2018

Thornhill, ON April 20, 2018 **FROM** 9 am **TO** 6 pm
April 21, 2018 **FROM** 9 am **TO** 6 pm
April 22, 2018 **FROM** 9 am **TO** 6 pm

National trainer Eirinn Boots
Location GoodLife Fitness
8281 Yonge Street
Vaughan, ON L3T 2C7
Registration Closing Date: April 12th, 2018